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I will never look back and think I've spent too much time with my grandchildren.

My 3 cidest grandchildren were born within 6 miths of each other. It was really important to me that they





you make my heart smile





BETTER DAYS ARE MO.

THE



HORIZON

Even the darkost night will end and the own will rise...



Dear reader, it is my hope that you have enjoyed reading our journey. I would like to think that if you yourself are in my position that you will feel the love and appreciation in what you do. Taking part in this project has enabled me to give myself a 'pat on the back' seeing in black and white what we have achieved is quite something. I offer to you dear carer a pat on the back and a heartfelt hug. Likewise, should you be on the other end and making decisions, I would like to think that I have touched your heart on behalf of all Kinship Carers, Perhaps this might better influence the system to become a little gentler on people like myself...

To all, please if nothing else be kinder to one another as we have no idea what is going on in someone's life.

You are stronger than you think

You have hidden strength.

Believe in yourself to get past any difficulty. Life's challenges are opportunities to discover your inner

Trust that you have the strength to face whatever comes your way. When you feel like giving up, remember the obstacles you've already conquered and the strength you've gained.

Surround yourself with positivity and supportive people and don't hesitate to askfor help. With your inner strength and the encouragement of others you can navigate through any storm.

Keep your head high, stay determined and know that brighter days are ahead

She wasn't scared of the fire. She was the fire.

All that you have read has created a better and stronger